



COGNITIVE
BEHAVIOR
THERAPY

ACCELERATED GROUP SUPERVISION

Receive mentorship, feedback, and opportunities for growth as you implement CBT skills under the guidance of an expert CBT clinician.



Accelerated Group Supervision is an intensive program designed to help clinicians implement the CBT knowledge they have gained in our on-demand and live trainings and further develop their skills.

This innovative program gives clinicians access to Beck Institute's experts and provides a safe and welcoming environment for health and mental health professionals to learn alongside a small group of peers.

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Ongoing CBT training is essential for clinicians to apply their CBT knowledge to their clinical practice with clients. Beck Institute's Accelerated Group Supervision program is the most time- and cost-effective way for clinicians to experience the benefits of Beck Institute supervision.

PROCESS & INVESTMENT

- One term includes five supervision sessions in groups of four supervisees. Supervision sessions are 60 minutes and are conducted every 2-3 weeks via Zoom.
- The cost is \$1,000 per supervisee and includes 4 CE credits. Supervisees can enroll as individuals and be matched with an existing group or enroll as a fully formed group of four.
- The first session is an orientation session. During sessions 2-5, one supervisee will submit a recording of a full therapy session for review by the supervisor and the group. Attendance at all five sessions is mandatory.
- Supervisees will submit a second session recording two weeks after the conclusion of their term. Session recordings will be scored using the Cognitive Therapy Rating Scale-Revised (CTRS-R). A score of 22 or higher on one recording is required to pass.
- Successful completion of Accelerated Group Supervision fulfills the supervision requirement for Beck Institute CBT Certification.

GROUP SUPERVISION PREREQUISITES

- Completion of a Beck Institute core workshop or online core course, taken individually or through your employer, or the equivalent
- Proof that you are licensed to practice psychotherapy in your locale (if required by your country)
- Access to 2-3 consenting clients; Beck Institute is unable to provide clients