

## CE/CME Information

This professional continuing education activity was sponsored by The Institute Better Health (IBH), who has been approved as a provider of continuing education and continuing medical education by the organizations listed below and co-sponsored by the Beck Institute. IBH as the approved sponsor maintains responsibility for the educational activity offered and for following the standards and regulations for the organizations listed below. Each activity is approved for 1 CE hour per hour attended.

Beck Institute courses are structured so attendees generally earn 18 CE hours for 3-day workshops, 12 CE hours for 2-day workshops, and 6 CE hours for 1-day workshops. Complete course information and specific CE hours are available on each course webpage.

**COUNSELORS:** Institute for Better Health is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0063. Counselors may earn 1 contact hour per hour attended. Provider Number 154. The state of PA recognizes APA for counselor approval.

**EDUCATORS:** The Institute for Better Health has been approved by the Washington State Professional Educator Standards Board (WESPSB), a member of NASDTEC, as a Clock Hour Provider for Educators. Learners may claim one Clock Hour for each activity hour attended. Please contact your individual state boards for information regarding reciprocity and any additional requirements.

**NURSES:** Institute for Better Health, Inc is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Provider approved by the CA Board of Registered Nursing (BRN Provider CEP#2672) for 1 CEH per contact hour.

**PHYSICIANS:** This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Institute for Better Health (IBH) and the Beck Institute. Institute for Better Health is accredited by the ACCME to provide continuing medical education for physicians. Institute for Better Health designates this live activity for a maximum of 1 *AMA PRA Category 1 Credits™ per contact hour*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**PSYCHOLOGISTS:** Institute for Better Health is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. Institute for Better Health maintains responsibility for this program and its content. Institute for Better Health, Inc. is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0007. This course is approved for 1 contact hours per hour attended.

**SOCIAL WORKERS:** Institute for Better Health (IBH) SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0091. This course is approved for 1 contact hours per hour attended.

**NOTE:** Many state boards accept offerings accredited by national or other state organizations. If your state is not listed, please check with your professional licensing board to determine whether the accreditations listed are accepted. Additionally, certain courses may be approved for additional specialty boards. Please visit the course webpage for specific course approvals for that activity.