CASE WRITE-UP WORKSHEET

PART ONE: INTAKE INFORMATION

IDENTIFYING INFORMATION AT INTAKE:

Age:
Gender Identity and Sexual Orientation:
Cultural Heritage:
Religious/Spiritual Orientation:
Living Environment:
Employment Status:
Socioeconomic Status:

CHIEF COMPLAINT, MAJOR SYMPTOMS, MENTAL STATUS AND DIAGNOSIS:

Chief Complaint:

Major Symptoms:
  Emotional:
  Cognitive:
  Behavioral:
  Physiological:

Mental Status:

Diagnosis (from the Diagnostic and Statistical Manual or International Classification of Disease):

CURRENT PSYCHIATRIC MEDICATIONS, ADHERENCE AND SIDE EFFECTS; CONCURRENT TREATMENT:

CURRENT SIGNIFICANT RELATIONSHIPS:
PART TWO: HISTORICAL INFORMATION

BEST LIFETIME FUNCTIONING (INCLUDING STRENGTHS, ASSETS AND RESOURCES):


HISTORY OF PRESENT ILLNESS:


HISTORY OF PSYCHIATRIC, PSYCHOLOGICAL OR SUBSTANCE USE PROBLEMS AND IMPACT ON FUNCTIONING:


HISTORY OF PSYCHIATRIC, PSYCHOLOGICAL OR SUBSTANCE ABUSE TREATMENT, TYPE, LEVEL OF CARE AND RESPONSE:


PERSONAL, SOCIAL, EDUCATIONAL AND VOCATIONAL HISTORY:
MEDICAL HISTORY AND LIMITATIONS:

CURRENT NON-PSYCHIATRIC MEDICATIONS, TREATMENT, ADHERENCE AND SIDE EFFECTS:

PART THREE: THE COGNITIVE CONCEPTUALIZATION DIAGRAM

See attached.

PART FOUR: THE CASE CONCEPTUALIZATION SUMMARY

HISTORY OF CURRENT ILLNESS, PRECIPITANTS AND LIFE STRESSORS:

MAINTAINING FACTORS:

VALUES AND ASPIRATIONS:
NARRATIVE SUMMARY, INCORPORATING HISTORICAL INFORMATION, PRECIPITANTS, MAINTAINING FACTORS AND COGNITIVE CONCEPTUALIZATION DIAGRAM INFORMATION:
PART FIVE: TREATMENT PLAN

OVERALL TREATMENT PLAN:

PROBLEM LIST/CLIENT'S GOALS AND EVIDENCE-BASED INTERVENTIONS (INCLUDE UP TO FIVE):

Problem/Goal #1:
Interventions:

Problem/Goal #2:
Interventions:

Problem/Goal #3:
Interventions:

Problem/Goal #4:
Interventions:

Problem/Goal #5:
Interventions:

PART SIX: COURSE OF TREATMENT AND OUTCOME

THERAPEUTIC RELATIONSHIP:
NUMBER AND FREQUENCY OF TREATMENT SESSIONS, LENGTH OF TREATMENT:

COURSE OF TREATMENT SUMMARY:

MEASURES OF PROGRESS:

OUTCOME OF TREATMENT: