

STRENGTHENING THE ADAPTIVE MODE: QUESTIONS LIST

Energy	Capability	Connection	Control
<p>"Wow, I have more energy now than when we started, how about you?"</p>	<p>"Since you were able to do that, do you think it's possible you might be able to do it again? Or to do [different activity]?"</p>	<p>"Looks like by working together we were able to do a lot - it's pretty worthwhile to do things with others, what do you think?"</p>	<p>"What does it say about you that by doing this, you weren't bothered by voices?"</p>
<p>"Man, it seems like the more we were dancing, the more awake we felt, don't you think?"</p>	<p>"You were really able to accomplish a lot, you're pretty hard working, aren't you?"</p>	<p>"That was fun, seems like you and [peer] are pretty connected. It's good to have a friend, don't you think?"</p>	<p>"Is it possible you've got more control than you thought?"</p>
<p>"Did you enjoy it? Would it be worth trying again?"</p>	<p>"Seems like working on this with your friends was fun. Should we all do it again?"</p>	<p>"If you are able to connect with [me/peer], is it possible to make friends at [other community place, i.e. church]?"</p>	<p>"It's so cool you were able to do that! Do you think it gets you closer to [insert aspiration here]?"</p>
<p>"Did this go better than you expected?"</p>			